## In the Claims:

Cancel, without prejudice, claims 1 - 33, and add new claims 34 - 59 as indicated below:

- 34 (new). A safety toggle bolt for anchoring to an object having a hole therethrough leading to an opening space, comprising:
  - a flexible cable having a proximal end having an anchoring attachment;
  - a hole plug slidingly movable with respect to said cable, said hole plug having a hole plugging portion for centering said plug in the hole and a lip portion for fixing the position of said plug against the object; and
  - a toggle bar pivotally connected to a distal end of said cable and adapted for pivoting between a closed position for insertion through the hole into the opening space and an open position in which the toggle bar cannot be withdrawn from the opening space back through the hole, wherein an end of said toggle bar is adapted for locking engagement with said hole plug in said closed position.
- 35 (new). The safety toggle bolt of claim 34, wherein said end of said toggle bar is adapted for releasable retention in a recess of said hole plug to provide said locking engagement.
- 36 (new). The safety toggle bolt of claim 35, wherein said cable extends through a substantially centrally disposed aperture through said hole plug, and wherein said end of said toggle bar is tapered to provide for said retention.

- 37 (new). The safety toggle bolt of claim 36, further comprising a plug biasing compression spring concentrically disposed around said cable for biasing said hole plug toward said toggle bar.
- 38 (new). The safety toggle bolt of claim 35, further comprising a plug biasing spring for biasing said hole plug toward said toggle bar.
- 39 (new). The safety toggle bolt of claim 34, further comprising a plug biasing spring for biasing said hole plug toward said toggle bar.
- 40 (new). The safety toggle bolt of claim 39, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 41 (new). The safety toggle bolt of claim 38, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 42 (new). The safety toggle bolt of claim 37, further comprising a toggle bar pivot control member extending through an aperture of said hole plug and having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.

- 43 (new). The safety toggle bolt of claim 36, further comprising a toggle bar pivot control member extending through an aperture of said hole plug and having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 44 (new). The safety toggle bolt of claim 35, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 45 (new). The safety toggle bolt of claim 34, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 46 (new). The safety toggle bolt of claim 45, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 47 (new). The safety toggle bolt of claim 44, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 48 (new). The safety toggle bolt of claim 43, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
  - 49 (new). The safety toggle bolt of claim 42, further comprising a toggle bar return

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spring for biasing said toggle bar in said open position.

- 50 (new). The safety toggle bolt of claim 41, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 51 (new). The safety toggle bolt of claim 40, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 52 (new). The safety toggle bolt of claim 39, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 53 (new). The safety toggle bolt of claim 38, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 54 (new). The safety toggle bolt of claim 37, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 55 (new). The safety toggle bolt of claim 36, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 56 (new). The safety toggle bolt of claim 35, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 57 (new). The safety toggle bolt of claim 34, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 58 (new). A method for anchoring to an object having a hole therethrough leading to an opening space, comprising:

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providing a safety toggle bolt having a handle member and a toggle bar pivotally connected to the handle member;

locking the toggle bar in a closed position;

inserting the safety toggle bolt through the hole; and

pushing on the handle member so as to unlock the toggle bar from the closed position, wherein the toggle bar automatically opens to an open position.

59 (new). A method for anchoring to an object having a hole therethrough leading to an opening space, comprising:

providing a safety toggle bolt having a handle member, a toggle bar pivotally connected to the handle member, and a hole plug;

locking the toggle bar in a closed position;

inserting the safety toggle bolt through the hole so as to seat the hole plug in the hole;

pushing on the handle member so as to unlock the toggle bar from the closed position; and

releasing the handle member subsequent to said step of pushing, wherein the toggle bar is automatically pulled toward the hole plug, to automatically adjust the safety toggle bolt to the depth of the hole.